Session Resources

Friday, April 2, 2021

Session E4: Enhancing Tribal Juvenile Justice with Trauma-Informed Systems Change Trauma Center Expert Panel

- Veronica Willet DeCrane, National Native Children’s Trauma Center
- Maegan Rides At The Door, National Native Children’s Trauma Center
- Nona Main, National Native Children’s Trauma Center
- Laura Guay, National Native Children’s Trauma Center
- Marilyn Zimmerman, National Native Children’s Trauma Center
- Lisa Stark, National Native Children’s Trauma Center

Workshop Description: Research suggests that Native American youth are at increased risk of trauma, depression, and PTSD as a result of grief and exposure to violence which can lead to relationship problems, drug and alcohol abuse, violent behavior, suicide and depression, problems in school, and bullying and victimization. National Native Children’s Trauma Center provides training in evidence-based and promising practices as well as technical assistance in trauma-informed systems change across all tribal child-serving systems, including schools, behavioral health providers, child welfare agencies, and juvenile justice systems. The National Native Children’s Trauma Center also assists in the cultural adaptation of evidence-based and promising practices and develop products and practices intended for use in Native communities. This panel provides an opportunity for attendees to hear more about their work and to ask questions that may have been generated throughout the conference.

Session Resources:

- Essential Elements of a Trauma-Informed Juvenile Justice System
  This guide offers trauma-informed policies and procedures to help make juvenile justice organizations safer and more effective by ensuring the physical and psychological safety of all youth, family members, and staff and promoting their recovery from the adverse effects of trauma.
• **Trauma and the Environment of Care in Juvenile Institutions**
  This brief describes incarceration as a traumatic event, how to do trauma-informed care in institutions, how to create a safe environment, protect against re-traumatization, challenges to creating a trauma-informed environment of care, and best practices and support for a trauma-informed environment.

• **NCTSN Bench Cards for the Trauma Informed Judge**
  These bench cards assist judges and court-appointed professionals doing mental health assessment of children. They provide judges with useful questions and guidelines to help make decisions based on the emerging scientific findings in the traumatic stress field.

• **Trauma-Informed Juvenile Justice Roundtable: Current Issues and New Directions in Creating Trauma-Informed Juvenile Justice Systems**
  This collection of briefs written by experts invited to the NCTSN Trauma-Informed Juvenile Justice Roundtable address topics essential to creating trauma-informed juvenile justice systems. There is an introduction to the NCTSN Trauma-Informed Juvenile Justice Roundtable, description of the current issues and essential elements of a trauma-informed juvenile justice system, and an outline of possible new directions for the future.

• **The Role of Family Engagement in Creating Trauma-Informed Juvenile Justice Systems**
  This brief offers information on family engagement, why it is a key element in a trauma-informed juvenile justice system, how family engagement supports a trauma-informed juvenile justice system, the challenges to family engagement in juvenile justice, what family engagement looks like in the justice system, and recommendations to address the challenges.

• **Cross System Collaboration**
  This brief describes the Youth Practice Model by the Center for Juvenile Justice Reform. It outlines practice examples for continuity of care and collaboration across systems, a vital activity for youth involved in multiple service systems.

• **Working Together in the Pandemic: Tips for Supporting Youth and Families in a Time of Crisis**
  This fact sheet offers juvenile justice professionals’ information on supporting justice-involved youth and families during the pandemic. It provides important considerations to keep in mind when working with youth and families during the pandemic, including do’s and don’ts for working with youth and their families in time of crisis.

• **Working Together in the Pandemic: Tips for Front-Line Juvenile Justice Staff**
  This fact sheet offers front-line juvenile justice staff ways to effective support one another during the pandemic. It provides information on how to deal with disagreements, frustrations, critical incidents, and other challenges front-line workers have at work. It includes ways to keep the work team strong as well as do’s and don’ts for working as a team in a time of crisis.

• **Working Together in the Pandemic: Tips for Front-Line Juvenile Justice Staff**
  This fact sheet offers administrators and supervisors guidance for dealing with the challenges currently facing juvenile justice settings due to the pandemic. It includes questions to consider in preparing juvenile justice programs for the future and do’s and don’ts for being proactive and preparing for future challenges.
• **Strengthening Your Resilience: Take Care of Yourself as You Care for Others**
  This fact sheet offers juvenile justice professionals’ ways to care for themselves during the pandemic. It includes questions to ask when monitoring stress as well as do’s and don’ts for strengthening resilience and caring for yourself and others.

• **Keeping Yourself and Your Kids Safe and Healthy in the Pandemic: Tips for Judges, Legal Professionals, and Court Personnel**
  This fact sheet offers helpful questions about safety that judges, legal professionals, and court personnel can ask themselves regarding their work and their personal lives. It also provides basic steps to helping youth handle their stress during the pandemic, as well as do's and don'ts for working with children and families in a pandemic.