2021 TRIBAL YOUTH VIRTUAL NATIONAL CONFERENCE

Strengthening Resilience, Promoting Healing, Restoring Culture

SHAPING BRIGHTER FUTURES WITH AMERICAN INDIAN, ALASKA NATIVE YOUTH AND TRIBAL COMMUNITIES

MARCH 29 - APRIL 2
Profile In Youth Resiliency

Tuesday, March 30, 2021
12:15pm AKT/ 1:15pm PT/ 2:15pm MT/ 3:15pm CT/ 4:15pm ET

Session Facilitators:
Jamie Crowe, Pueblo of Tesuque
Tasha R. Fridia JD, Tribal Youth Resource Center,
Tribal Law and Policy Institute
Today’s Facilitators

Jamie Crowe
Pueblo of Tesuque

Tasha R. Fridia JD
Assistant Director
Tribal Youth Resource Center
Opening in a Good Way
Overview

- Youth Perspective: COVID-19
- Youth Video
- Discussion
  - Education
  - Wellness
  - Future
Youth Perspective
Discussion

- Education
  - Online School
- Physical Health
  - Exercise
- Mental/Emotional Health
- Spiritual Health
- Connection
  - Family
  - Friends
- Gratitude
- Future
  - Vaccine
Envisioning a future where Indigenous youth thrive through traditional lifeways.

The Tribal Youth Resource Center is a part of the Tribal Law and Policy Institute and is supported by Grant #2018-MU-MU-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Dept. of Justice.
Session Evaluation

Please remember to fill out the workshop evaluation.

**Workshop Information:**
Tuesday, March 30, 2021
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Session B3: Profile in Youth Resiliency
Closing in a Good Way